

FIRE SAFETY IN THE KITCHEN



Did you know?

- The leading cause of fires in the kitchen is unattended cooking.
- Over half of all kitchen fires start on the stovetop.
- Frying poses the greatest risk of fire.
- Cooking fires peak between 5:00 and 7:00 p.m.

Keep your kitchen fire-safe:

- Do not leave combustible items like towels, potholders, paper towels, newspapers or recipe books on or close to the stovetop.
- Use only CSA approved appliances.
- Keep appliances clean and avoid a build-up of spills and grease that could catch fire.
- Check electrical cords on your stove, microwave and other electric appliances for signs of cracking or fraying. Discard any that are damaged.
- Avoid plugging more than one heat producing appliance into an electrical outlet.
- Avoid storing frequently used cooking items above the stove.
- Keep your kitchen free of clutter.
- Have a “kid-free zone” of at least 1 metre around the stove and areas where hot food or drink is prepared or carried.

Cook with caution

- Be alert! Fires start when the attention stops.
- Stay in the kitchen when you have something on the stovetop. If you must leave the kitchen, turn the stove off.
- Check your food regularly, remain in the house and use a timer if you are using the oven.
- Turn off all appliances after use.
- Turn pot handles in or use the back burners to prevent injuries.
- Carefully heat cooking oil slowly over low heat.
- Avoid wearing loose fitting clothes that can easily ignite when close to a burner.
- Avoid cooking if you are under the influence of alcohol or medications.



In the event of a kitchen fire

Assess the situation. If the fire is small, contained to one area, and has not spread to the surrounding area, you may attempt to extinguish the fire yourself. If the fire is beyond your capacity to extinguish (you are unable to successfully extinguish the fire yourself) evacuate and call 9-1-1 immediately.

Stovetop or grease fire

- Use an oven mitt to slide a lid over the pot or pan to smother the fire.
- Turn the stovetop off if it is safe to do so.
- Leave the pan covered until it is completely cooled.
- If the fire does not go out, leave your home and call 9-1-1 immediately.



Oven or microwave fire

- Suffocate small fires by keeping the door closed and turning off the appliance.
- Wait for the fire to extinguish itself.
- If the fire does not go out, leave your home and call 9-1-1 immediately.

If you are unable to successfully extinguish the fire yourself, evacuate and call 9-1-1 immediately.



Learn more at saskatoon.ca/cookingsafety

**IN AN EMERGENCY,
CALL 9-1-1.**



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